**NUTTING GIRL ASCOTT-under-WYCHWOOD JIG**

Taught by Jack Worth at NYFTE Jig day November 2023

Video available at <https://www.youtube.com/watch?v=JrHelaso8qE> (or search for “Jigs Instructional 2011 – Nutting Girl Ascot-under-Wychwood” on Youtube)

Tune: **“Nutting Girl”**

Sequence: **Foot Up (FU); Side Step Sequence (SSS); Uprights; SSS; RTBs; SSS**

**FU:** **No preliminary “once to yourself” movement, straight into stepping:   
4 Double Steps\*, Open Side Step\*\* (SS) R, Open SS L , 2 x Cross Backs\*\*\*, Feet together Jump\*\*\*\* (FTJ)**.

*\*Double Steps: RLR hop or LRL hop. Start on right foot for double step sequences unless otherwise stated. Hands: Down and up*

*\*\*Open Side Steps (SS) R: RLR hop with a slight step to R on first R step and cross of left foot behind on the middle step, with final R step slightly to left again uncrossing the legs. (Open SS L is mirror image of the above description, i.e. LRL hop). Hands: High Twist In with leading hand*

*\*\*\*Cross Backs: not “hop backs” – the weight is on both feet, heels raised, and both feet crossed alternately before and behind, kept low. Hands: High Twist In with both hands on Cross Backs*

*\*\*\*\* Feet Together Jump (FTJ): exactly what it says (feet together then jump). Hands: Gather out \*& round on the preparatory knee bend, straight up on the jump, over & out into balance position on the landing*.

**SSS: Long Open SS\* R; Long Open SS L; Open SS R; Open SS L; 2 x Cross Backs; Galley\*\* L 360o; 2 double Steps, 2 Furrys\*\*\*; 2 double steps; 4 Plain Capers.**

*\*Long Open SS: RLRLRLR hop with a slight step to R on first R step and cross of left foot behind on the middle step, repeated straight away (no hop) for a second time and then a RLR hop double step. (Long Open SS L is mirror image of the above description, i.e. LRLRLRL hop). Hands:* two High Twists flowing into Down and Up

*\*\*Galley is quick, so requires a step back onto the L turning to the Left, then the rotation of the R leg bringing the body round to face front whilst hopping twice on L. The transition into the first double**step on R should be smooth. This section is the most difficult to make look easy and balanced. Hands: balance position*

*\*\*\*Furrys: Feet are either RLR or LRL with the first step being a high leap and the other two being quick changes. Hands: Gather then high on the initial caper, coming down into balance on the ‘change feet’, unless going straight into double steps in which case hold at top on second Furry to lead into Down & Up for double steps. If the hands come down early an ungainly snatch is needed to get them up again.*

**UPRIGHTS\* x 4 to slowed music. R, L, R, L, Open SSR; Open SSL; 2 x Cross backs; FTJ**

*\*Uprights: [These are the Coventry style “Step-Stamp” capers – see video – difficult to explain in words! It is crucial not to confuse them with the more usual “beetle-crushers” as in eg Fieldtown, as the weight distribution is quite different. Resist the urge to stamp the initial foot or place it in front.]*

*Step R keeping weight on it; Lift L Knee so thigh is horizontal, Stamp L Heel down sharply and lift; [there can be a small spring off the R as the Knee is lifted so both feet “stamp” at the same time, but it’s not a pronounced movement and may even not happen!]; Spring onto L, Caper onto R. (L is now in the air ready to Step for next Upright starting Step L)*

*Hands: Start in balance position; bring up together in front (face level) as the Knee is raised; Bring down and out sharply with the “Stamp” ; Bring up, over and out on the Capers. Make this last movement as big and slow as possible to enhance the sense of lift in the capers. The hands return to balance just in time for the next Upright.*

**RTBs\*** **x 4 to slowed music. R, L, R, L, Open SSR; Open SSL; 2 x Cross backs; FTJ**

*RTBs [“Right Toe Back” though nobody ever calls them that]: Caper R, Caper L, R Toe Back, spring back up on to both feet, repeat off L foot etc. Ideally in the Toe Back the leg is fairly straight but the body kept reasonably upright; however, the knee bent and almost touching the ground looks more showy, but is more difficult to recover from.  
Hands: Down & Up on Capers, out into balance on Toe Back, gather ready for down and up.*

*[Note this is the reverse of the usual Toe Back and Capers seen in other traditions]*

**The final SSS sequence ends with heel down forward and hands high.**